

FAMILY ISSUES COURSE RESOURCES

Note from Council on Social Responsibility

These references have been provided as an assistance for clergy, youth workers and church members should you require information or resources or help for those who may be experiencing relationship difficulties. The views expressed in the material listed are not necessarily those of the Methodist Church but we wish to provide a broad spectrum of literature and supports.

Parenting

21st Century Parent DVD and Helpful Hints booklet - Eight short talks by Rob Parsons with a helpful hints booklet full of discussion starters, top tips and ideas for action. Parents often feel caught between the pressures of today and worries about tomorrow. But you can build strong relationships with your children today that will help steer them towards a fulfilling life .

Available from **Care for the Family** ? <http://www.careforthefamily.org.uk>

DVD & Booklet - £12.99

10 copies of the Helpful Hints Booklet for use with groups - £4.99

Revolutionary Parenting Course - As parents how can we foster traits such as honesty, compassion, and dedication in young minds? How can we raise children who will love and serve God as adults? How can we develop future spiritual champions? This course aims to help you create a plan for your family to do just that. Drawn from a landmark study of Christian twenty some things and the parents who raised them, these resources are designed to help you build a solid foundation of faith in your child.

Available from *resources4ministry* <http://www.familyministry.co.uk>. Leaders Edition (including DVD & Workbook) - £25.99. Additional copies of Workbook - £9.99 each

Parenting Teenagers - A six session DVD course, containing 4 DVDs; presented by Paul and Christine Perkin, and filmed at their home church or St Mark's Battersea. The course covers: Communication - understanding the teenagers' world and picking up the signals; Foundations - encouraging a healthy self-esteem; Boundaries and battlefields; Security, sex, and substances; Consumerism, cash and cyberspace. The course is interactive and includes individual and group exercises and scenarios to stimulate discussion. Each session is delivered before a live audience and can be used along with the course handbook or the book.

Available from **resources4ministry**: <http://www.familyministry.co.uk>. DVD - £39.14. Handbook for use with the DVD - £2.99. Book - £6.99

Marriage

21st Century Marriage DVD and workbook - An eight-session, DVD-based course to help you build a lasting relationship. An easy-to-use workbook accompanies the DVD. Every couple who marries hopes for love that will last. Yet in the 21st century, the pressures on relationships are greater than ever. For over 20 years, Rob Parsons has helped thousands of couples build a strong relationship . In this compelling film, he lifts the lid on what can make and break those relationships. An easy-to-use workbook accompanies the DVD.

Available from Care for the Family ? <http://www.careforthefamily.org.uk>. DVD & Booklet - £14.99. 10 copies of the 21 st Century Workbooks for use with groups - £39.99

From this Step Forward - Stepfamilies are the fastest growing family type in the UK , but according to a Care for the Family survey, only 7% of those marrying again had received any specific guidance about marrying a partner with children. Yet the issues involved are not the same as for couples marrying for the first time. Stepfamilies are different ! Are you involved in helping couples prepare for marriage? If so, this unique marriage preparation course for stepfamilies will enable you to offer guidance to these couples, for their benefit, and for the children's. Are you part of a stepfamily, or about to get married and form a stepfamily? If so, you can use this course as a couple, with or without the help of a facilitator. It will help you build a strong relationship on which to build your stepfamily.

Available from Care for the Family ? <http://www.careforthefamily.org.uk>. CD Rom - £15.99

The Alpha Marriage Preparation Course - This is a series of five sessions designed to help engaged couples develop strong foundations for a lasting marriage.

Available from [No 9 Resource Centre](#). DVD & Leaders Guide - £40.00. Guest Manual - £2.00 each

The Alpha Marriage Course - This is a series of seven sessions designed to help any married couple strengthen their relationship.

Available from [No 9 Resource Centre](#). DVD & Leaders Guide - £50.00. Guest Manual - £2.50 each