

Agency Contact Details

GENERAL			
Police Service NI	101		
Belfast City Centre Beat Police	07795 607576		
Advice NI	0800 9154604		
Bangor West Bus and Rail	02891 271143	www.translink.co.uk	
Citizens Advice	02896 001333		
Citizens Advice (North Down)	0300 1239287	www.Caand.co.uk	
Crimestoppers	0800 555111		
information on local community supports		www.findhelpni.com	
Victim Support NI	02890 243133		
FINANCIAL SUPPORT			
Benefits Freephone	0800 915 4604	www.adviceni.net	
Universal Credit	0800 01201713 0800 0121331		
Bryson Energy	(028) 9032 5835	https://www.brysonenergy.org/what-we-do/our-services/	
Finance Support Service	0800 5872750		
Springboard		https://springboard-opps.org/	
The Trussell Trust		https://www.trusselltrust.org/	
The Larder Food Bank		https://www.communityni.org/organisation/larder-foodbank	
Magherafelt Food Bank	07393 451504		
Network Personnel	02879 631032	https://networkpersonnel.org.uk/contact-us/	
Peoples Kitchen (Belfast)	07783 376664	https://peopleskitchenbelfast.org/contact/	
Rutledge Recruitment and Training	02879 634666	https://www.rutledgegroup.co.uk/companies/rutledge-recruitment-magherafelt/	
Storehouse (Belfast)	02890236333	https://storehousebelfast.com/contact/the-venues	
HOUSING			

Regional Emergency Social Work Service (RESWS)	02895049999
Housing Rights Service	02890245640
NIHE	02895983931
NIHE Housing	03448920900
NIHE Emergency Homeless Number	03448920908
Refuge	0808 2000247
Samaritans	02890 664422
Simon Community Homeless Line	08001712222
St Vincent de Paul	02890 3511561

HEALTH

Life Line	0808 808 8000	https://www.lifelinehelpline.info/page/lifeline-helpline.html
Addiction service	02825 317160	
Alcoholics Anonymous	02890 351222	
Ashley Medical Centre Bangor	02891 477150	www.ashleymedicalcentre.co.uk
Bangor Community Minor Injuries Hospital (no A&E)	02891 475100	
CALM	0800 585858	
Cruse Bereavement	0844 4779400	
Domestic & Sexual Abuse Helpline	08088021414	
Men's Advisory Project	02890 241929	
Mental Health Out of Hours Service	02890 565444	
MIND	0300 1233393	
Mindwise	02890 402323	
Miscarriage Association	01924 200799	
NEXUS (Belfast)	028 9032 6803	

NEXUS (Derry)	02871 260566	
OCD Action	0845 3906232	
Positive Futures (Magherafelt)	02879 395260	https://www.positive-futures.net/
Wave Trauma Centre	02827 669900	
Drug and Alcohol Intervention Service for Youth (DAISY)		https://services.drugsandalcoholni.info/content/drug-and-alcohol-intervention-service-youth-daisy-0
Out of Hours GP (Belfast)	02890 796220	
Out of Hours GP (Ards Hospital)	028 9182 2344	
Out of Hours (Social Services)	028 95049999	
TIPSA	02886763388	

FAMILY SUPPORT

information on childcare and family support services in Northern Ireland		www.familysupportni.gov.uk
CARA-Friend LGBTQ+ Youth	02890 890202	
Childline NI	0870 3362945	
Elim Pentecostal Bangor	02891 271800	www.bangorelim.com
Family Planning Association	0345 1228687	
Gateway Child Protection Team	02890 507000	
Hamilton Road Presbyterian Church, Bangor	02891 473213	www.hrpc.org.uk
HYPE Team (Belfast)		https://www.familysupportni.gov.uk/Service/431/health-and-wellbeing/hype-childrens-health-service--belfast-trust
Kinship Care	02879 301566	https://kinshipcareni.com/
Magherafelt Family Centre	02879 365097	
Relate (relationship support)	0870 2426091	
St. Comgall's Church of Ireland, Bangor	02891 453304	www.bangorparishchurch.org.uk
St Comgall's Roman Catholic Church, Bangor	02891 465522	www.bangorparish.com
Wesley Centenary Methodist Church, Bangor	02891 453304	www.wcmc.co.uk

Women's Aid (Belfast)	02890 249041	
Mid Ulster Woman's Aid	02886 769300	https://www.causewayandmidulsterwomensaid.org.uk/
Women's Aid (North Down area)	02891 273196	https://www.ndawomensaid.org/
YMCA Bangor	02891 454290	www.northdownymca.co.uk